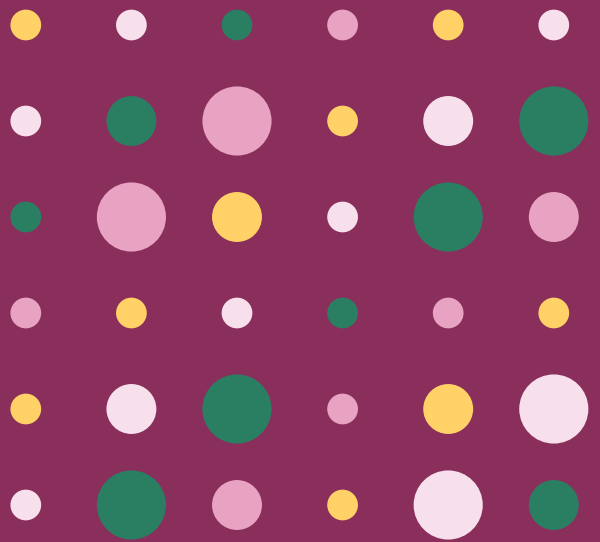




Beauty Budget Workbook

Your routine, on paper

General educational information, not medical or dermatology advice.

Follow product labels and patch test instructions.

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Everything on your shelf. Oldest first.

[illegible]

Routine cost sheet

Price divided by weeks it lasts, times 4.3 = cost a month.

Product or service	Price	Lasts (weeks)	Cost a month
Cleanser			
Moisturizer			
Sunscreen			
Shampoo and conditioner			
Makeup			
Haircut			
Color			
Nails			
Total a month			
Total a year (month x 12)			

Use-it-up tracker

Finish one before you open the next.

Product	Started	Finished	Buy again?
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐

30-day wishlist

Write it down. Wait 30 days. Still want it?

Item	Price	Added on	Decide on	Still want it?
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐

Before buying: do I own something that does the same job? What's the cost per use?

How long did it really last?

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